Asthma can be caused by both environmental and hereditary factors, and our feature this month focuses on a mother-daughter pair who participated in a recent study conducted here at the Asthma Institute.

Meet Carmen and Quinn, a mother and daughter, both who have had asthma since childhood. They participated in a study sponsored by the National Institutes of Health (NIH) and the National Heart, Lung, and Blood Institute (NHLBI) called the Best African American Response to Asthma Drugs (BARD) Research Study. Comprised of about 500 children and adults across the nation, the BARD study allows us to study and improve the health and care of African American asthmatics in the United States.

Both mother and daughter can recall times where their asthma flare-ups have been cause for concern. They support that the study has since enabled them to better manage their asthma medication. Quinn says, “I used to miss taking my medicine sometimes, and my asthma would get worse. Now I don’t miss taking my medicine anymore.”

When asked about her asthma, Carmen says, “I’ve long since accepted that I have asthma, but I wonder why I have it and why there’s no cure. I worry when I get a cold because with some colds my asthma flares up.” The results from this study and asthma research worldwide will help to answer some of these questions. Thanks so much, Carmen and Quinn!

PATIENT PROFILE

What’s the best way to keep up with The Asthma Institute in the community? Our Twitter account, of course!

Get updates on where we are and see pictures from our recruiting events on Twitter @asthmainstitute.

NEW @ AI

GOT ASTHMA?

If you answered yes, you may qualify for an important asthma research study funded by the National Institutes of Health (NIH).

Asthma medication and research study tests are provided at no cost. Financial compensation is provided along with parking or bus fare. Clinic locations in Oakland, Lawrenceville, and the North Side.

The Asthma Institute is seeking mild asthmatics who are:

- 12 years of age and older
- On a rescue inhaler such as Pro Air, Albuterol, Proventil, Ventolin, or Xopenex
- Tobacco free for one year
- Have an asthma diagnosis for at least one year

Call The Asthma Institute at 412-647-9955 and refer to the “SIENA Asthma Study”

Pictured here: BARD study participants Carmen (left) and Quinn (right)